



International Internships

SPORTS SCIENCE INTERNSHIP IN IRELAND

To apply for this position, type the Internship code *SPORTSCI1* in the "Ireland Pre-Defined Placement ID Code" box on the [Ireland Options Questionnaire](#) in your application. To start an application, click on the "Apply Now" button from the [Ireland program page](#).

The Opportunity

Based in our city centre office, you will be working with our content team in the development of a new and innovative health and wellness platform. This exciting new product scheduled is for release in Q4 of 2017.

The aim of this innovative programme is to educate our clients on how to create long term sustainable lifestyle habits across every aspect of their lives, from physical activity, to nutrition as well as mental health. As a content developer, you will be working with our team of health and wellness experts as well as our in-house marketing and technology teams in creating evidence based, and progressive programmes, while working in a fast-paced environment. The ideal candidate will be passionate about the health and wellness of people from all walks of life, at every level, from those who simply want (or need!) to get more active, to those who want to take their wellbeing to the next level.

Responsibilities:

- Excellent understanding of the relationship between all aspects of wellbeing from mental health and nutrition right through to fitness and physical health.
- Develop progressive, time based programmes which will allow people, of all fitness levels, to move seamlessly from one wellness objective to the next.
- Work closely with content team on the creation of measurable eLearning streams consisting of videos, workbooks, blogs, journals, recipes and other content as required.
- Collaborate with wellness experts in other fields to create a best in class experience for participants, specific to their needs.
- Ensure safe participation, as well as effective performance for all participants

Requirements:

- Solid knowledge of the latest Sports science technologies
- Effective communication skills and highly developed relational and interpersonal skills.
- A self-motivated and directed individual who loves working as part of a team.
- Excellent analytical skills with a good problem-solving attitude
- Knowledge of video production basics as well as eLearning platforms an advantage.
- Working towards BSc degree in Sport Science or relevant field / QQI Level 8 or above